



JULY 24

ROTARY'S COASTAL CHRONICLES

MONTHLY NEWSLETTER OF ROTARY CLUB OF UMBERGAON



4 the Way test

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Rtn. Stephanie Urchick
RI President

Rtn. Ajay Patel
President

Rtn Dr. Priyanka Sheth
Newsletter Editor

Rtn. Tushar Shah
Dist Governor

Rtn. Hemant Bhati
Secretary

Rtn Ajay Shingala
Designer

DG MESSAGE



Warm Rotary Greetings,

First of all, congratulations to the Rotary Club of Umbergaon Team for your maiden Newsletter.

The Newsletter is an important publication to exhibit and spread the good work done by Rotary through its club, it will help engage members of the club and their families will be aware of the activities done at the club.

This Year our prime objective is to engage Rotarians, increasing our reach to non-Rotarians, letting the outside world know what Rotary is doing and bringing positive changes in the life of people. Tell stories of Rotary Foundation how it works towards eradicating diseases like Polio, Malaria, Cervical Cancer, how Rotary influences Rotarians in their professional and personal life, helping them widen their perspective.

Let's grow Rotary together through purposeful, meaningful projects and activities and spread The Magic of Rotary.

DG TUSHAR SHAH

IPDG MESSAGE



Congratulations on a Successful Rotary Year 2023-24.

Dear Immediate Past President Rtn. Sarvanan Dever, Immediate Past Secretary Rtn. Priyanka Sheth, Team Saarthi Members of Rotary Club of Umbergaon, and Friends in Rotary.

I extend my heartfelt congratulations to you all on the meaningful and impactful completion of the Rotary year 2023-24. Your dedication and hard work have truly made a difference in our community and beyond.

Highlights of the Year's Projects:

Service Projects:

- **Anganwadi Development:** Enhancing early childhood care and education facilities.
- **HUMF:** Project Humf has made a significant impact in our community by supporting underprivileged mothers of new-born babies..
- **Ray Of Hope:** distributing kits to malnourished children to support their health and well-being..
- **Handwash Project:** Promoting hygiene and health throughout the district.
- **Cancer Awareness and Detection:** Raising awareness and providing screenings.
- **Menstrual Health Awareness:** Educating and supporting women's health.
- **Notebook Project:** Distributing notebooks to students in need.
- **Medical Aid:** Providing over 1.5 lakh rupees in medical aid to the needy.

Foundation:

- Achieved the status of a 100% Donor Club, showcasing our commitment to supporting Rotary's mission.

Public Image:

- Sharadotsav: A celebration that enhanced our club's visibility and community engagement.
- Bulletin: Successfully revived our club bulletin, sharing our stories and achievements.

Looking Ahead

As we welcome the new Rotary year, I am pleased to introduce our new President, Rtn. Ajay Patel. Under his leadership, I am confident we will continue to build on our successes and take on new challenges with the same passion and dedication.

Additionally, I am excited to announce the new name of our club bulletin: Rotary's Coastal Chronicles.

This will continue to be a valuable resource for keeping our members informed and connected.

Once again, congratulations on an outstanding year. Let us carry forward the spirit of service and camaraderie into the future.

Warm regards,

NIHIR DAVE

Immediate Past District Governor
Rotary District 3060

DGE MESSAGE



HEARTIEST CONGRATULATIONS and BEST WISHES to President Ajay Patel and the whole Team of RC Umbergaon for the year 2024-25.

“THE MAGIC OF ROTARY” a beautiful theme given by President Stephanie Urchick for the Rotary year 2024-25 and she says, “it is all up to you Rotarians, as you create the Magic with every project completed, every dollar donated, and every new member inducted”.

It has been observed that there is increasing interest in young people’s participation in design and delivery of community services, but young people’s views are not consistently sought or acknowledged, and they are still marginalised. Because of this young people’s / new Rotarians participation has been taking a back seat and there is a risk that participation could further fall back into being merely a ‘nice thing to do if you have time’ or the new Rotarians loose interest and they leave the organization.

I believe in the magic of participation. It’s magical because of the impact it has on young people / new Rotarians themselves, when adults involve them, trust them, and believe in them, whether that relates to their care as individuals or the way they can collectively influence the design and delivery of services. Through this blossoming of their sense of wellbeing, self-worth, and resilience, we can see miraculous growth of Rotary in the World.

Equality, Diversity and Inclusions are the best way to attain stability and growth and all the clubs should encourage it for more success, keep everyone happy & motivated, improve ideas, and increase involvement. Set your goals and analyse the challenges and successes achieved for a better tomorrow.

Rotary International is the largest organization in the World and as we all know our mission is to “provide service to others, promote integrity, and advance world understanding, goodwill, and peace through fellowship of business, professional, and community leaders”.

This can be attainable only when we increase our impact, expand our reach, enhance participant engagement and increase our ability to Adapt.

It is all possible if our clubs are strong with good membership strength and every Rotarian is passionate to serve Rotary with the common motto of “Service above Self”.

Yours in Rotary

AMARDEEP SINGH BUNET

District Governor – 2025-26

RI Dist. 3060

PRESIDENT MESSAGE



Rotary Greetings.

It is truly a privilege to lead this wonderful club. Last year had been a great golden jubilee year for RC Umbergaon under the leadership of Rtn. Saravanan Devar and team.

“Magic of Rotary” is the theme for the year and I am looking forward to spread some magic in our community through impactful humanitarian projects.

Together with my team I am focusing on increasing membership by inducting quality members who will remain active. We will work to Strengthen the Rotary Foundation. We have already started working on enchancing public image of our club and Rotary.

Beginning today, let's join hands to achieve new heights.

Warm regards,

RTN AJAY PATEL

President

Rotary Club of Umbergaon

Rotary District 3060

EDITOR'S NOTE



New beginnings are always exciting. New leaders, new team, new vision, and new goals, Rotary's new year brings such a great potential with it. To ride this current wave, we are also giving a fresh touch to our club's bulletin.

"Rotary's coastal chronicles" will be a place for not only sharing our club's activity report but also for sharing creativity of members of Rotary family. There will be a few permanent column of our remarkable writers.

We will circulate e-copy of this newsletter to our club members, prominent leaders of Rotary district, our prestigious donors, local NGOs, news and media persons and local government officials. You can contact us for advertising purpose or you can sponsor an issue of club bulletin. The fund will be utilized for printing physical copies of bulletin to circulate to local government bodies or will be utilized in service projects.

We are looking forward to receive your reviews, articles, poems, and of course support to our Club's newsletter.

RTN DR.PRIYANKA SHETH

51ST INSTALLATION CEREMONY OF ROTARY CLUB OF UMBERGAON.

The club has witnessed the prestigious installation ceremony of 51st President of Rotary Club of Umbergaon.



Rtn. Ajay Patel took oath along with his vibrant team. DG Tushar Shah was the installing officer.



The club has inducted 2 new members on this day.



Honorary secretary Rtn. Hemant Bhati has shared the plan of activities for the year 2024-25



On this occasion RC Umbergaon has awarded people who has served the society, media partners and physiotherapist of Rotary Physiotherapy Centre.



Lapel pins were given to all the Rotary Anns for their constant support to the club activities and their dedication towards various service projects.



DG Tushar Shah has shared his vision for district for the year 2024-25. And gave his wishes to the president and his team.



We are thankful to all the dignitaries of district for their valuable presence.



MANAGING COMMITTEE OF ROTARY CLUB OF UMBERGAON 2024-2025

Office Bearer

	Name
President	Rtn. Ajay Patel
IPP	Rtn. Saravanan Devar
President Elect.	Rtn. Priyanka Sheth
Vice President	Rtn. Mehul Sheth
Hon. Secretary	Rtn. Hemant Bhati
Jt. Secretary	Rtn. Lalit Taparia
Treasurer	Rtn. Jwalant Jadav
Sergent at Arms	Rtn. Prranav Patel

Director

Club Service	Rtn. Aakash Taneja
Int. Service	Rtn. Dilip Sohoni
Comm. Service	Rtn. Soniya Devar
Youth Service	Rtn. Moosa Shaikh

Avenue Chairman

Membership Devp.	Rtn. Champak Suthar
Public Relation	Rtn. Ravi Purohig
Literacy	Rtn. Priyanka Sheth

Office Bearer

Club Trainer	Rtn. Vinod Dedhia
Interact Chair	Rtn. Chintan Shah

Trustee of Rotary Charitable Trust Umbergaon -2024 - 25

Rtn. Girish Rao	Rtn. Suresh Joshi	Rtn. Hemant Bhati
Rtn. Bankim Shah	Rtn. Mehul Sheth	
Rtn. Vinod Dedhia	Rtn. Ajay Patel	

Rotary club of umbergaon Members in District 3060

Regional Secretary	Rtn. Milind Sonpal
District Chair person Rotary No Chhayo	Rtn. Mehul Sheth
District Coordinator project Handwash	Rtn. Siddharth Mehta

SERVICE PROJECTS

Tree Plantation

We have planted 200+ Tree Saplings.



Braces Donation

Donated Braces to a kid who is physically challenged and not able to stand on his feet.



Blood Group Detection

Blood Group Detection of 131 Studens at Central School Solsumba, Umbergaon



MEETINGS

Date: 05-07-2024



Date: 19-07-2024



GREETING OF THE MONTH

Birthday & Anniversary

AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				01	02	03 Rtn. Moosa Shaikh
04	05	06	07	08	09	10
11 Rtn. Shyam Purohit	12	13	14	15	16	17
18	19	20	21	22 Rtn. Pranav Patel	23 Rtn. Jwalant Jadav	24
25	26	27 Rtn. Mehul Sheth	28	29	30	31

- Birthday
- Anniversary



BILORI



Dear readers, I feel immense joy and happiness in congratulating Rtn. Priyanka Sheth for her initiative in reviving the Rotary Club of Umbergaon News Letter. I am delighted to share my thoughts here under my column "Bilori". I have chosen this name because those who know me agree that my training as a microbiologist and my pursuit of scientific research has made me a very sharp observer and dissector of the happenings around me. The name Bilori refers to the Magnifying lens that we use in Science to observe the minutest of details to understand objects. Through this column, I intent share my concerns and thoughts with you all.

Plastic Free July

Plastic Free July is a movement that encourages participants to try and avoid single-use plastic items to the extent possible. First time I read about this movement some 6 years ago while I was initiating my journey towards living a zero-waste life. Since then, the movement has grown in size the world over and reportedly 100+ million participants from 190 countries have taken part this year. The movement encourages participants to find ways to avoid using plastic items, especially single-use items, find alternative materials/objects to replace the plastic items, encourages to learn to refuse plastic items whenever possible, and develop a habit of learning to live without plastic objects as much as possible. The movement started in Australia and aimed to find solutions to the plastic pollution by refusing to use single-use plastic products. The movement is open to anyone and it lets you start by taking small steps in your everyday life to reduce your dependence on plastic.

My own experience was an eye opener for me. I have been a conscious and mindful Environmental enthusiast for the longest time, but by enrolling in this campaign, I learned a great deal about my surroundings and community behaviour. For example, many a times the shopkeepers

and vendors themselves insist on giving your shopping items in individual bags, and literally, one must insist and argue against providing plastic bags. While participating in this movement, one day, I took an extra step and carried my own steel container to a dairy shop and bought Paneer insisting on providing it in my container. Thus, it was a big personal win for me and since that day, I buy Paneer and Dahi in my own steel containers.

Some horrible facts related to plastic waste are worth sharing here...

- Since 1950, a total of 9.2 billion tons of plastic has been produced, and less than 10% gets recycled globally.
- Plastic manufacturing in 1950 was 2.3 million tons, which soared to 448 million tons, and is expected to double by 2050.
- This amount of plastic, if laid end to end could span the distance from the Earth to the Sun, approx. 149.6 million km.

A few steps you may take at your end can be...

- Carry your own bag while going for shopping.
- Always keep 2-3 bags in your car/scooty, as you may need them any time
- Develop the habit of carrying your own water bottle wherever you go
- Try to buy groceries in bulk to reduce plastic packaging
- Buy loose veggies and fruits rather than buying individually wrapped items
- Be mindful and observe your own dependence on plastic packaging to reduce it

Other than that 25th May is promoted as International Plastic Bag free Day and 3rd July is recognized as International Plastic free day. Such steps themselves may mean very little, but if people collectively join hands and start a dialogue and take even few smaller steps today, it might make a huge difference over a period of time globally.

For more information visit <https://www.plasticfreejuly.org>

RTN. ANN PURVI TRIVEDI



आईना (जिन्दगी का)

अकेले हम बूंद है
मिल जाए तो सागर है
अकले हम धागा है
मिल जाए तो चादर है
अकले हम कागज है
मिल जाए तो किताब है
नींद में जो देखते है वो ख्वाब है
उसे जमीन पर उतार दे तो वो एक जबाब है
हाथो से हाथ मिलाकर चले तो वो प्यार भरा साथ है
ओर जहा समाज की सेवा के लिए हम सबमिलकर कार्य करे
यही तो हमारा रोटरी परिवार है ।

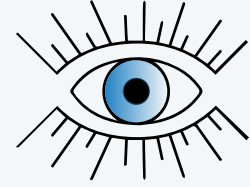
उम्मीद से सजे जिन्दगी
उम्मीद के बन्द लिफाफे में
एक टिमटिमाता सपना है
बादल को पिचकारी बनाकर
चांद सितारो को रंगना है
ओर आसमान की इस किताब

RTN. VIRENDRA PATNI

MEMBERS COLUMNS



દ્રષ્ટિકોણ



There are many angles to view life. Every person has her/his own perception. Our mindset depends on how we perceive circumstances and our life as a whole. Sometimes changing our perception is all we need to change and upgrade our life. "Drashtikon" is a Gujarati word to describe one's viewpoint. Under this column I will write my musings.

Two Mantras for peaceful life.

In today's chaotic life it is very difficult to find peace & that's why it becomes much more important to find it. But just like butterfly, if you try to pursue it, it will fly away and when you will remain still, it will land on you. I am recently practicing these two mantras to have some inner peace. Try them and I'm sure you will find them helpful.

1) Zero expectations.

The moment you decide to not expect anything from any situation or any person, your life will become easy. Not expectating anything and accepting everything will lead you towards peaceful experience. Don't try to control the future by expecting that certain things should be in certain way or certain people should act in a certain way. Just observe and accept the way life unfolds itself, and you will surely fall in love with it.

2) Let Go

Such a powerful word this is! Once you learn the art of letting go, you will find a pleasant state of calmness within you.

"What comes, let it come,
What stays, let it stay,
What goes, let it go..."

When you try to clutch anything too tightly, it will start to hurt you, but as soon as you let it go, it will stop hurting you. If anyone hurt you or insult you just let go. Let go all past traumas and bad experiences. Today let go all unpleasant emotions from your mind.

Do this right now, close your eyes and bend your fist tightly and think of all the things that are stressing you out, now take a deep breath, slowly open your eyes and fist and then blow away all the stress from your palm and let go...

Wish you a peaceful month ahead.

RTN DR.PRIYANKA SHETH

“ જીવન છે જીવી જવાનું
કરમાઈ જતા પહેલા
ખીલી જવાનું ”








ANNET'S CORNER

Creation by
Rtn Annet Ayushi Siddharth Mehta





Rotary's 7 Areas of Focus

						
PEACEBUILDING AND CONFLICT PREVENTION	DISEASE PREVENTION AND TREATMENT	WATER, SANITATION, AND HYGIENE	MATERNAL AND CHILD HEALTH	BASIC EDUCATION AND LITERACY	COMMUNITY ECONOMIC DEVELOPMENT	ENVIRONMENT

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